

August 2010 Dance Classes and Parties

- All group lessons are \$11 each per person and range from 1 to 1½ hours in length; check our online calendar for details.
- All weekend dance parties are \$12/person, and all include free lesson(s) & food.
- The "Westie Wednesday" West-Coast Swing party is \$7, \$5 for Del Val Swing Club members. Free if you take 6:30 & 7:45 class.
- No partner necessary; most come without. Wear comfortable shoes.



ATRIUM DANCE STUDIO

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11am-3pm Tango Milonga and Brunch 1 st 3 rd 5 th Sunday	6pm-7:00pm KICK BOXING \$6	6pm-7:15pm Salsa Basics II (Salsa Basics I Starts Aug. 31st)	5:30pm-6:30pm \$6 Yoga	6pm-7:00pm KICK BOXING \$6	1 st Friday 8:00pm- 1:00am	10am-11am **ZUMBA FITNESS \$6 PER PERSON!
3pm-7:00pm Ballroom Mix party w/lesson	Tribal Fusion Bellydance (Beginners)	ZUMBA FITNESS \$6	6pm-7pm Hustle	Kids Hip-Hop	R&B Line Dance Party	11am-12:15pm Salsa Basics I
Coastline Latin Night (Every Sun) 8-9pm Class w/ Barbara	7pm-8pm	7pm-8pm Beg/Int. Belly Dance Technique	7pm-9pm Tango Practice (\$7)	6:15pm-7:30pm	2nd Friday 8:00pm-1:00am	(Salsa Basics II starts Aug 28th)
	Beginners Pole Dance Fitness	7:30pm-9:30pm R&B Line Dance (Open level)	7pm-8pm West Coast Swing I/ II	Salsa Basics I (Salsa Basics II Starts Aug 26th)	Double-shot Friday West Coast Swing & Hustle Party	12:30pm-1:30pm Latin Body Movement
	Arturo's Advanced Salsa	7:15pm-8:30pm Int. Salsa	Ballroom Basics II (Ballroom Basics I starts Sept 15 th)	7:00pm-8:00pm Teen/Adult Hip-Hop (Open-Level)	3rd Friday 8:00pm-1:00am	1:30pm-2:45pm Int. Salsa
	8:00-9:00pm Beginners Pole Dance Fitness	*8pm-9pm Bellydance Performance class:	8pm-9pm West Coast Swing Level 2/3	7:30pm-8:30pm Latin Body Movement Merengue/ Bachata	R&B Line Dance Party	4:30-5:30 pm American Dance Wheels
	Arturo's cha-cha (open level)	8:45pm-10:30pm Intermediate Salsa Performance Rehearsal	Hip Hop Int./ Adv. Level (Choreography) With Ken Dogg "In Da Clutch"	8:30pm-9:45pm Salsa Intermediate		9:00pm-2:30am Latin Night. Aug 7 th & 21st
		* New time	9:00pm-11:30pm West Coast Swing Party	8:00pm- 9:00pm Intermediate Pole Dance Fitness		
				8pm-9:30pm SEXY CHAIR DANCE WORKSHOP AUG 26TH \$15 per person (PLEASE SIGN UP)		

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happening at the Atrium by
joining our new mailing list!

Sign up today at:
www.atriumdance.com/list

**All classes are
\$11**

**Zumba,
Kickboxing,
and Yoga \$6**

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